"Moving into the community - Challenges and opportunities for the enjoyment of human rights"
Needs of people with psycho-social disability
Overmet needs and unmet needs

- Isolation from broader community (isolation in isolation)
- Limited involvement in decision making process (guardianship)
- Limited privacy
- Obstacles in family life
- Limited access to information
- Limited access to education
- Harm of physical integrity (torture)
- Poor health care
- Exploitation
Risk of focusing only on one human right field

- In advocacy concentration predominantly only on one “human rights” issue - overlooking the complexity of the problem.

- Focusing on improving conditions in one human rights field - improvement in other human rights fields are postponed or neglected.
“Humanization” of psychiatric hospitals

Improvement of the “physical" conditions in the psychiatric hospitals

Complex transformation of the system
“DEINSTITUTIONALIZATION”

- Support in the community
- Institutional care
“Countries without institutions”
Moving away from institutional thinking
Development of “ambitions “when reforming a system

- Not to harm rights
- Equal conditions as others to enjoy rights
- Proactive support to create equal conditions to enjoy rights
- Stop forced regulation of pregnancy.
- No coercion to give children to adoption
- Services to help to go through pregnancy and motherhood successfully (mother baby unit, specialized fostering)
Assurance of safety journey
Condition for full implementation of CRPD

Legal framework

- Non discriminatory
- Pro inclusive

Community

- Non prejudicial
- Equal opportunities
- Sensitive support

Services

- Recovery based
- Comprehensive
- Part of the community
Moving out of institutions

- Analysis of all the needs of the clients
- Analysis of the resources in the community
- Design of alternative services
- Plan for closing down the institution and for developing new services
- Preparation of clients, staff and community
- Move from institution to the community
- Monitoring and evaluating the process
Comprehensive community based services

- Support in getting a job
- Support self management of “illness”
- Support in social and family life
- Assuring a proper income
- Sharing information
- Decent housing
Reform of “psychiatry”

- In planning and implementing equal involvement of all relevant stakeholders (psychiatrists are one of the stakeholders, not the only one).
- No coercion but approach based on respect and support of individual needs of the client in his normal living conditions.
- Clients have strong influence on purchasing services.
- CRPD as a leading framework
THANK YOU FOR YOUR ATTENTION